



**IOWA TRIBE OF OKLAHOMA
PERKINS FAMILY CLINIC
509 E HIGHWAY 33
PERKINS, OK 74059**

**REPORT TO THE INDIAN PEOPLE
HEALTH PROGRAMS/CHR/DENTAL/PHARMACY/SUBSTANCE ABUSE PROGRAM¹
SPECIAL DIABETES PROGRAM FOR INDIANS²
PERIOD OF JANUARY 1-DECEMBER 31, 2015**

The year of 2015 was full of change and growth for the health programs offered by the Iowa Tribe of Oklahoma by and through the Perkins Family Clinic. The summary of services is as follows:

Medical Services-Laboratory/Radiology Services

The Perkins Family Clinic Medical Department is to provide quality medical services to tribal members and the community. The medical department provided over 5000 patient office visits between the months of January and December. Of the total number of visits a majority of the patients were American Indian (enrolled in a federally recognized Indian tribe other than the Iowa Tribe).

5015 Total Medical Patient Office Visits

84% American Indian Patients
6% Iowa Tribal Member Patients
10% Non-Indian Patients

The medical department has two full time providers, one Board Certified Licensed physician and one certified physician's assistant. Locum tenens licensed nurse practitioners were retained throughout the year to meet the needs of cold and flu season. The medical department also has two LPN's, a certified medical assistant and a lab/x-ray technician on staff. The medical clinic works directly with the diabetic educator/dietician to provide quality diabetic care to patients.

The Laboratory services include collecting specimens to be assessed by qualified providers and/or qualified reference laboratories. Radiology services consist of providing minor

¹ CONTRACT 3 HHSI24620140027, DHHS-HIS, AUTHORIZATION 25 USC 450f

² CONTRACT #H1D1IHS0334-18-00, DHHS-HIS, AUTHORIZATION P.L.110-275/25 USD 13/PHS ACT 330c

radiological procedures and x-ray film submitted for interpretation by a qualified radiologist if required.

Dental Services

The Perkins Family Clinic Dental Department is to provide quality dental services to tribal members and the community. The dental department provided over 1300 patient office visits between the months of January and December. Of the total number of visits a majority of the patients were American Indian (enrolled in a federally recognized Indian tribe other than Iowa Tribe).

1386 Total Dental Patient Office Visits
88% American Indian Patients
6% Iowa Tribal Member Patients
6% Non-Indian Patients

The dental department has two part-time Board Certified Licensed dentists, one licensed dental hygienist, and one licensed dental assistant on staff. The dental clinic schedules approximately four (4) to six (6) treatments/exams a day. Dental exams range in time from thirty (30) minutes to two (2) hours depending on the treatment. Services include radiographs, cleanings, whitening, fluoride treatments, and sealants. The dental clinic schedules six (6) to eight (8) patients today. Dental hygiene appointments range from thirty (30) minutes for children to two (2) hours for scaling and root planning procedures. Hygienist services include radiographs, cleanings, whitening, fluoride treatments and sealants. The dental hygienist and dental assistant also provide proper dental care education to the Iowa Tribe Child Development and Education Center.

COMMUNITY HEALTH/CHR

The Community Health/CHR Program is to be an advocate and facilitator to assure access to the comprehensive health care system; and, to provide for a continuity of services, case findings, follow-up and provision of support services. The Community Health/CHR Departments are combined due a vacancy in the CHR position. The Community Health Nurse is a licensed RN and scheduling has been adjusted to provide the necessary and quality community health outreach. The program assist several patients with medical appointments and medication refills made per patient request. The community health nurse also conducts home visits to conduct wound care, check blood pressures and blood sugar counts. The Perkins Family clinic also has an agreement with the Iowa Tribe Child Education and Development Center and provides head lice screenings and hemoglobin/lead screenings. The program works closely with the tribe's Wellness Center to promote wellness in the workplace. The Community Health Nurse assisted in organizing the Journey to Wellness Health Fair and flu shot clinics for Iowa Tribal employees (government and casino employees) and the community of Perkins, Oklahoma.

BEHAVIORAL HEALTH/SUBSTANCE ABUSE SERVICES

The Perkins Family Clinic has a licensed Substance Abuse Counselor on staff to identify and assist problems related to substance abuse. Services include outpatient counseling, crisis intervention, substance abuse treatment; drug and alcohol evaluations; and ASI. Services provided: 106 Counseling Session; twelve (12) Drug and Alcohol Evaluations; three (3) ASI (Addiction Severity Index); sixteen (16) referrals for American Indian patients.

PURCHASED/REFERRED CARE (FORMERLY CONTRACT HEALTH (CHS))

Medical/dental care provided at a Perkins Family Clinic health care facility is called Direct Care. The CHS Program is for medical/dental care provided away from an IHS or tribal health care facility. CHS is not an entitlement program and an IHS referral does not imply the care will be paid. If IHS is requested to pay, then a patient must meet the residency requirements, notification requirements, medical priority, and use of alternate resources. The Perkins Family Clinic has two (2) CHS employees that are delegated the duties of referrals/monitoring referrals and properly paying the claims approved for Purchased/Referred Care. These funds are considered the payer of last resort, meaning all other sources of insurance must be exhausted prior to funds being utilized. The Health Director worked closely with this department to ensure compliance with federal guidelines and create a timely and accountable process for the department. The department worked diligently in 2015 to clear up past claims, received training on MLR rates and also addressed any and all patient credit issues that may be involved.

PHARMACY

Perkins Family Clinic provides pharmacy services to tribal members and American Indian patients. The Pharmacy employs a Board Certified Licensed Pharmacist and a certified Pharmacy Technician. The Pharmacy provides a full range of Pharmaceutical services and has a drug formulary for the provision of prescription drugs to eligible patients. The Pharmacy experienced a turnover in staff and was able to retain a qualified Board Certified Licensed pharmacist to serve competently as the Pharmacist in Charge. The Pharmacy filled 25,145 prescriptions for the year 2015, an average of 2095 per month.

HEALTH FAIR-JOURNEY TO WELLNESS

On September 24, 2015, the Iowa Tribe of Oklahoma Perkins Family Clinic held its annual Health Fair-Journey to Wellness. The event was held at the Chena building and was well attended by the community. Over forty (40) vendors from all over Oklahoma attended. The fair welcomed over 500 attendees. The Oklahoma Blood Institute Blood Mobile, Caring Van, Air Med OK Helicopter and Insure Forward set up outside and we had over thirty (30) blood donors. The Caring Van administered flu shots with the assistance of Perkins Family Clinic Staff and volunteers nursing students from Central Technology and Meridian Technology Center. In addition to Iowa elders, elders from the Sac and Fox Tribe, the Ponca Nation and the Kickapoo Tribe of Oklahoma also attended the event. The Sac and Fox Color Guard presented the colors; and the drum and singers played an honor song for the Native American Veterans. A Fun Run/Fun Walk was also held in the morning and over forty (40) people participated. In addition to providing flu shots at the Health Fair Perkins Family Clinic also provided flu shots throughout October and November to the tribal employees, Cimarron Casino employees, and the City of

Perkins. Perkins Family Clinic is looking forward to next year's fair because it is a great event for the Iowa Tribe as well as the community.

SPECIAL DIABETES PROGRAM FOR AMERICAN INDIANS (SDPI)

The Iowa Tribe is the recipient of the Special Diabetes Program for American Indians funding through Indian Health Services. The Perkins Family Clinic has a long history administering the directives and deliverables of the grant. The SDPI Community Directed Program provides funds to IHS, Tribal and Urban health programs throughout the United States to enhance local diabetes treatment and prevention programs to American Indian communities. The program experienced a change in Program Director in November but now has a licensed diabetic educator/licensed dietician to properly administer the program. Eyeglass assistance and diabetic shoe assistance are provided per grant guidelines to qualifying patients. Outreach efforts included participation in the Journey to Wellness Health Fair, nutrition education and participation in community events such as tobacco cessation.

SUMMARY

The Iowa Tribe of Oklahoma Perkins Family Clinic provides many beneficial health programs and services to the tribal community, American Indian community and the community of Perkins and its surrounding areas. In addition to the above services and efforts, a billing specialist was retained to increase collection of third party revenue. A new Health Director was hired in September 2015. The Clinic is currently working on an agreement with the Department of Veterans Affairs to seek reimbursement for services provided to American Indian Veterans. Other activities included all clinic employees receiving necessary OSHA, HIPAA, CPR and other required trainings.

The Iowa Tribe continues to progress and strives to provide the best practices and standards of care by and through its health programs and clinic.

RESPECTFULLY SUBMITTED,



Dana M. Deere, J.D.
Health Director
Iowa Tribe
Perkins Family Clinic