













# APRIL 2017 MENU & ACTIVITIES



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>LIVE RAPTOR SHOW</b> Chena Building 10-3 Food Trucks &amp; Educational Booths 12 &amp; under FREE Admission \$5.00 please help support GreySnow Eaglehouse</p>	 <p><b>APRIL 8<sup>th</sup>, 2017</b> **Coming attraction**</p>	<p>Light Chore work available, please call to schedule an appointment 547-5407.</p> <p><b>APRIL BIRTHDAY &amp; IOWA FIRE DEPARTMENT HEART HEALTH PRESENTATION ON THE 28<sup>TH</sup> AT WHITECLOUD FROM 11-2</b></p>	 <p><b>HOMEBOUND SACKS ON THURSDAY'S</b> Homebound Elders have to be home to get receive meal</p>	<p>Caregiver Contracts available to Caregivers whom take care of:</p> <ul style="list-style-type: none"> <li>• <b>FRAIL</b> Elders</li> <li>• Grandparents raising grandchildren</li> </ul> <p>547-5407 for more information <b>Title VI lunch served between 11:30-12:30</b></p>
<p>3 BEEF BRISKET BBQ Sauce on the side W/ ONIONS &amp; PICKLES BLACK EYED PEAS POTATO SALAD TEXAS TOAST YOGURT W/FRUIT CUP 2% MILK</p>	<p>4 CHICKEN POT PIE SALAD/SALAD BAR TROPICAL FRUIT</p>  <p>2% MILK</p> <p>IOWA VETERANS MEETING AT NOON Iowa court room</p>	<p>5 PORK AND HOMINY GREEN BEANS BOILED POTATO FRESH APPLE</p>  <p>FRY BREAD 2% MILK</p>	<p>6 SEASONED TILAPIA WILD RICE VEGATABLE BLEND BLUEBERRY PIE 2%MILK</p> <p><b>IOWAY CASINO DAY NO SPCEIALS BEFORE OR AFTER 10AM-1PM leave WC at 930</b></p>	<p>7 BUTTER TART</p>  <p>STRATA BACON CRANBERRY JUICE 2% MILK</p> <p><b>Shopping Day Leave WC at 9 Return to WC at 2</b></p>
<p>10 BEEF STROGANOFF W/ NOODLES CALIFORNIA BLEND SALAD/SALAD BAR CHERRY CRISP 2% MILK</p> 	 <p>Come celebrate Easter with Title VI &amp; Iowa Elders- Bonnet contest, White Elephant Gift exchange &amp; Egg Hunt. Eat at noon 11-3pm Chena</p>	<p>12 BEEF STEW SALAD/SALAD BAR CORN MUFFINS FRESH ORANGES 2% MILK</p>	<p>13 OVEN BAKED CATFISH NUGGETS PACIFIC RIM BLEND CRINKLE CUT FRIES CITRUS FRUIT BOWL 2% MILK</p> 	<p>14 Iowa Tribal Offices &amp; Title VI will be closed for <b>GOOD FRIDAY</b></p> <p><b>CIMARRON CASINO DAY 10AM -1PM NO SPECIALS BEFORE OR AFTER TRAVEL NOT PROVIDED</b></p>
<p>17 GOULASH MIXED VEGGIES GARLIC BREAD APPLE CRISP 2 % MILK</p> <p><b>April 18<sup>th</sup> thru 23<sup>rd</sup> '89er Celebration Guthrie, OK</b></p>	<p>18 CHICKEN &amp; RICE SOUP 3-BEAN SALAD COOKIE CEREAL TREATS CORN MUFFINS</p>  <p>2% MILK</p>	<p>19 STEAM FRY BOILED POTATO GREEN BEANS FRY BREAD BANANA 2% MILK</p>	<p>20 COD STICKS PACIFIC BLEND MAC &amp; CHEESE PEARS 2% MILK</p> <p><b>Title VI will be transporting to Guthrie for walk around plus lunch on your own. Leave WC at 9am return after lunch or at 2pm</b></p>	<p>21 SPINACH QUICHE LOW FAT COOKIE SALSA/SOUR CREAM 2% MILK</p> <p><b>SAC-&amp; FOX TAILGATE CHENA BUILDING 9-2</b></p> 
<p>24 CRISPY OVEN BAKED PORK CHOPS SCALLOPED POTATOES CARROT &amp; RAISIN SALAD PUMPKIN PIE 2% MILK</p>	<p>25 BAKED CHICKEN BROCCOLI SALAD YELLOW SQUASH HOT ROLL FRESH ORANGE 2 % MILK</p> 	<p>26 MEAT LOAF MASHED POTATOES W/ GRAVY ASPARAGUS STRAWBERRY FLUFF 2% MILK</p> 	<p>27 TUNA SALAD ON WHEAT TOAST MAYO, LETTUCE &amp; TOMATOES BAKED CHIPS 3-BEAN SALAD COTTAGE CHEESE W/ PINEAPPLE 2% MILK</p>	<p>28 APRIL Elders Birthday party with Health Presentation 11-1pm BACON EGGS TO ORDER HOME FRIES TOAST n JELLY V-8 JUICE- APRICOTS 2% MILK</p>