





# June 2018 Title VI Menu and Activities

Monday	Tuesday <b>Bird Day</b>	Wednesday	Thursday <b>Fish Day</b>	Friday
Congregated meals are served with Salad Bar. Mon – Thurs. 11:30 to 12:30. <b>Menu Subject to Change Without Notice</b> Breakfast served Friday's 8:30-9:30am	<b>If you care for a Frail Elder &amp; disabled child 24/7 an need a break you can hire a person to relieve you so that you can take time for yourself ask about the Caregiver Program</b> <b>June is Alzheimer's and Brain Awareness Month</b>	<b>Flag Day!!!</b> <b>June 14th</b> 	<b>Father's Day June 17<sup>th</sup></b> <b>HAPPY Father's Day</b>  <small>© Can Stock Photo</small>	1 Bacon Scrambled Eggs Hash browns Toast Grape Juice 2% Milk <b>SHOPPING DAY</b>
4 Cabbage and Sausage Soup Cornbread Salad Cherry Crisp 2% Milk	5 Chicken Enchilada Ravioli Salad Spanish Rice Tapioca Pudding 2% Milk	6 Pork and Hominy Green Beans Boiled Potato Fry bread Orange 2% Milk	7 Tuna Fish on Toast W/ lettuce, tomato &, Pickles. Beets Yogurt Cups 2% Milk <b>loway Casino Day 10AM – 1PM</b> <b>No specials before or After Sacks Meals</b>	8 Oatmeal Toast Tomato Slices Sausage Patties 2% Milk <b>SHOPPING DAY</b>
11 Beef or Buffalo Stew Salad Crackers Apricots 2% Milk	12 Grilled Chicken Breast Wild Rice Spinach Cake 2% Milk	13 Butter Beans w/ Ham Hocks Cooked baby carrots Corn Bread Chocolate pudding 2% Milk	14 Baked Catfish Hush puppies Coleslaw Mandarin Oranges 2% Milk <b>Sack Meals</b> <b>Pow Wow!</b> <b>June 15-17<sup>th</sup> 2018</b>	15 Title VI Closed Transportation to Health Fair RSVP 547-5407 <b>CIMARRON CASINO DAY 10AM -1PM</b> <b>No specials before or After</b>
18 Goulash Garlic Bread Salad Tropical Fruit 2% Milk	19 Chicken Broccoli Casserole Pacific Blend Apple Sauce Jell-O 2% Milk	<b>20 Movie Day!!!</b> 11:30 eat movie at 12:30 Chena	21 Tuna Casserole Veggie Blend Salad Pineapple chunks 2% Milk <b>Sack Meals</b> <b>First day of Summer!</b>	22 Cold Cereal Bacon Strawberries 2% Milk <b>SAC -&amp;- FOX TAILGATE CHENA BUILDING</b>
25 Baked Manicotti Italian Blend Salad Garlic Bread Cheese Cake with Strawberries 2% Milk	26 Chicken pot pie Sweet potatoes Salad Cool Whip with Fruit 2% Milk	27 Steam Fry Mixed Veggies Wild Rice Fry Bread Peaches 2% Milk	28 Shrimp Fettucine Alfredo Capri blend Cinnamon peaches 2% Milk <b>Sack Meals</b>	29 French Toast Berry Mix Sausage links 2% Milk <b>SHOPPING DAY</b>